

North Mountain News

Kings County, Nova Scotia

Winter 2018

The Burlington Community Club, Harbourville Restoration Society, North Mountain United Tapestry, Black Rock Culture & Recreational Society and Morden Community are proud to bring you the 11th edition of the North Mountain Newsletter (Photo by Katrin Sommerfeld).



We are always looking for news and interesting stories and so if you have anything to contribute, please contact us at the information below. Enjoy!

For contributions about Burlington, contact Adam Daniels at danielsladam@gmail.com

For contributions about Harbourville, contact Beth Caldwell at caldwellcurtbeth@gmail.com

For contributions about the North Mountain United Tapestry, contact Heather Killen at nmneditor@gmail.com

For contributions about Black Rock, contact Keith Howell at outcastkgh@hotmail.com

For contributions about Morden, contact Penny Lowe at p.lowe@eastlink.ca

THE DIGITAL VERSION...

PLEASE CONTACT ADAM DANIELS AT
danielsladam@gmail.com



Colin Fraser

Member of Parliament for West Nova

1-866-280-5302

Colin.Fraser@parl.gc.ca



Colin Fraser

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North Mountain United Tapestry

Cultural and Heritage Society

Winter 2018



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Call to Artisans!

The North Mountain Artisan Guild is gearing up for it's Third season

We would like you to consider this great opportunity to showcase your CRAFT and network with other Artisans in your community.

OPEN HOURS

June	Saturdays	9 – 5 pm
July and August	Fridays	1 – 7 pm
	Saturdays	9 – 5 pm
Sept and Oct	Sundays	1 – 5 pm
	Saturdays	9 – 1 pm

If this sounds like a good fit for you, please contact
unitedtapestry@gmail.com

North Mountain Farmers' Market



Are you an entrepreneur looking for the perfect opportunity to sell your homemade products? Our Saturday Morning Market operates from June until mid October from 9am - 1pm with live music, workshops, monthly BBQs and coffee shop. This year will mark our fifth season and with every year our tourist and local supporters increase. Truly a wonderful community event.

Vendor table fees: \$10/ week or \$8/week full time (20 weeks) Handmade or homegrown, we would love for you to become a part of our North Mountain Market
For more information please contact
unitedtapestry@gmail.com

The Little White Church on the Bluff

In Harbourville, there is an old, little white clapboard church standing on the bluff overlooking the Bay of Fundy, on the road that rises steeply from the harbour. This church was built 158 years ago, in 1860. In those days there was no electricity, no cars, no telephones, no radios, and very limited medical care. Neighbours helped neighbours, in good times and bad, these people were community. Neighbours came together as a community of faith, to worship simply, pray simply and sing heartily and then went out into the world to do their best.



Harbourville United Church

These people built the church as a place of worship and it became a meeting place for community life throughout the week, in those less frantic times. Teas, picnics, celebrations, meetings, and likely church suppers, brought them together. It is here the community gathered for marriages, blessings and funerals. This was not a strongly doctrinal church. It was a no nonsense Methodist Church built by hardworking people, to love and support each other and those outside the church, whether near and far. Children held an important place here.

In 1861, this same community of farmers, fishers, boat builders, lumbermen, merchants and the “church women” once again came together to build a schoolhouse for their children. They build it on the opposite side of the harbour, also overlooking the Bay of Fundy. This building remained as an active school well into the 1950s. And now, thanks to the hard work of their descendants, especially the Women’s Sewing Circle, (essentially the United Church Women with a sprinkling of some “from away”), through a government program, transformed the school into the Harbourville Community Hall.

It wasn’t until 1925 when the Methodists came together with Congregationalists and a large portion of the Presbyterian Church to become The United Church of Canada. For practical reasons, as the growing population spread out across the land in small new towns and villages, it seemed silly to build so many protestant churches in small hamlets.

The United Church welcomed all and, in time, became one of the central forces in the Social Justice movement in Canada. The church played a significant role in healthcare, Women’s Rights, gay equality movement, labour fairness, children’s protection, to name just a few.

Over time, the little church's congregation became smaller and smaller. There were too few people to carry all the church responsibilities. The building itself was in need of essential repairs. The Church with the support of the other churches in the Charge, continued to hold the Anniversary and Christmas Eve Services as it was never decommissioned, and every year there are at least four services.

In what seemed no time at all, just four years ago, people from the area got together at the church to discuss creating a way to bring the community together to support local artisans and provide a place for small farmers to sell their products. Musicians found a place to perform to a welcoming audience. The church once again became a thriving center in the community, thanks to the hard work of The North Mountain United Tapestry members.

We continue to have a spiritual tie with the United Church. Our diverse community gathers with respect to the past, providing a welcoming place for people from a wide spectrum of beliefs or no beliefs at all. Laughter fills the air on Saturday morning market days.

We live in different times. No doubt, some of those who came before us, in their far more strait-laced world, would be a little taken aback by the new activities taking place here, but many would smile to see new life continuing. I imagine them saying "This is good. "

It is easy to honour the lives and traditions of those who came before, just as those who will come after us may recognize something of the Sacred we have brought to this special place, this little white church on the bluff.

Submitted by Harbourville resident, Kendra Newkirk



*North Mountain United Tapestry
Second Annual Opening Gala*

THE STORY OF HARBOURVILLE AS AN INTERNATIONAL PORT

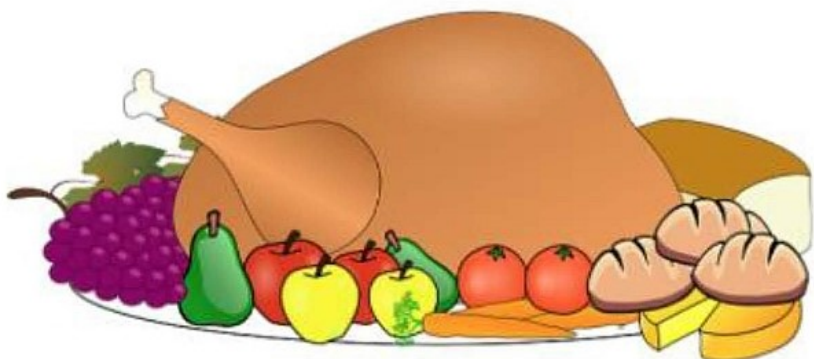
A Father's Day Event

June 17, 2018

2pm - 4pm

Harbourville United Church

Tickets \$25



Old Fashioned
Turkey Dinner

Roast Turkey and all the Fixins'
With Local Homemade Desserts!

Saturday 21 April

4 pm - 6 pm

Harbourville Community Hall

Freewill Offering

With proceeds going to North Mountain United Tapestry.

To make this event a huge success, please consider volunteering
your time or donating food.

Please contact Leah Livingstone leahlivingstone9@gmail.com

Employment Opportunity!

North Mountain United Tapestry will be looking to hire a summer student this year. Responsibilities would include working the coffee shop, helping out with the artisan co operative and museum, as well as some light landscaping. Job is 35 hours weekly for 8 weeks, possible June start.

Please apply to unitedtapestry@gmail.com

Want To Play Music?

People who are interested in playing ukulele with a local group can join the "High Strung Ukulele Band".

We meet weekly at the Woodville Community Hall. The time is 2 pm on Wednesdays. If you do not own a ukulele and want to give it a try Long and McQuade in New Minas rent ukuleles for 9.00 or 10.00 dollars a month.

Derek Vernest [902-538-3041](tel:902-538-3041)

FLAX TO LINEN

The flax to linen interactive display in the northeast corner of the church for 2017 was enjoyed by many over the season. We are planning a display for the 2018 season. The floor loom will be located in the same area and will be set up for participants to use. There will be a creative weaving workshop held at the church: date yet to be determined. Plans for other projects are also being developed. Check the information board at the church for the coming season plans.

Contact Donna Vernest [9025383041](tel:9025383041) for more information.

NEWSLETTER

The Burlington Community Club Winter 2018

BURLINGTON COMMUNITY BURSARY

This year the Burlington Community Club is proud to offer two bursaries valued at \$600 each to graduating students living on the mountain in the Berwick RR5/RR2 postal district. To qualify, the student must have plans to continue with his/her formal education; this is not limited to university. Please see the school guidance teacher to fill out an application; selection will be at the discretion of the school bursary committee.

NOTES FROM THE CHOIR...

Sunday, April 22: Big Community Sing

Our North Mountain Chorus will join in song with other valley choirs at Acadia University Hall, at 3 PM on Sunday, April 15. This event is hosted by the Honour Choir as a fundraiser supporting local school music programs. Each choir will perform a few favourites and the concert finale will be a massed choir presentation. During parts of the concert, active audience participation will be encouraged. Free will donation at the door.

Thursday, May 3: North Mountain Chorus Spring Concert

Mark your calendar for 7:00 Thursday, May 3 for North Mountain Chorus's annual spring concert at the Berwick United Church. Free will donation at the door supporting local charities.



BURLINGTON COMMUNITY HALL RENTALS

Hall rentals may be arranged through Susan Daniels at
902-538-3441.

Hall and Kitchen, full day \$60

Hall and Kitchen, half day \$50

Hall only, full day \$40

Hall only, half day \$30

Community Showers and Funeral Receptions are free of charge.



Dinner with Friends!

Join us for an evening of delicious food, relaxing conversation and lovely music!

The Burlington Community Club is hosting a

Spring Dinner

March 24, 2018

5:30 p.m. for service at 6:00 p.m.

Tickets are \$30 per person and must be purchased by
March 9, 2018.

Menu

Appetizer

Entrée: Beef Bourguignon or Seafood Casserole,
Served with side salad and home-made roll

Dessert: Ginger bread or Blueberry cake with lemon sauce
Tea, coffee

Participants will be treated to a glass of wine with their dinner.

To order your tickets please contact
Margo Armstrong at 902-538-9851

Please specify your dinner preference at time of order:
Beef Bourguignon or Seafood Casserole
Ginger bread or Blueberry cake

Proceeds will go towards supporting the Burlington Community Bursaries.
Annually the Burlington Community presents a Bursary to 2 high school students in the RR#2 /RR#5
area who are registered for post-secondary education.



Links from the Valley - here are some websites worth saving

The Town of Berwick has exciting new events including indoor shuffleboard, outdoor skating rink, Carnival Triathlon in February, and snow shoe loans. Check their website www.berwick.ca For more up to date information go to www.facebook.com/berwickns and for active living www.facebook.com/berwickactiveliving Event cancellations usually match school closures: you can also check the Facebook active living page for these. For Active Living questions contact Shawn Fevens, sfevens@berwick.ca or call 902 538-8068 Ex 4019. For all valley-wide recreational services, by category, visit <http://valleyconnect.ca/browse>

CANADA DAY MEETINGS - All are welcome!

Our Canada Day Event is totally planned and run by volunteers. Please join us for meetings or just offer to help with one of the many tasks that need to be done: before, during and after July 1st. Starting April 2nd, 7 p.m. we will meet at the Burlington Community Hall on the first Monday of every month.

For further information or to join our email contact list please contact Brian Hirtle at brianleehirtle@gmail.com or 902-538-7192.



Outside the Box Support Group for Families of Adults with Disabilities in the Annapolis Valley will meet Thursday, February 15th from 6:30 to 8:30 p.m. at Cut to the Chase, 13 Pleasant St. in Melvern Square. Everyone welcome!

With the input of many guest presentations over its existence, the families who gather realize common concerns. They worry about the futures of their loved ones, relating to all aspects of their lives: rewarding employment, socialization, and overwhelmingly, where and how they will live.

Currently we are exploring options for safe, affordable housing for adults with disabilities in the Annapolis Valley.

A core group are researching the creation of a unique community; known as a Pocket Community or Co-housing Development where small houses are built around a central courtyard connected by paths on the inside, all vehicles are on the outside.

We are looking at a not-for-profit co-operative, mixed community with low rent where those who choose to live there, do so in return for making a contribution to the community. Persons with disabilities would be supported by a community within a community.

Contact Sandra at sfhirtle@eastlink.ca or 902.538.0358 or Krystal at jkbrown@eastlink.ca or 902.765.2433.

High Tidings NEWSLETTER

WINTER 2018

Harbourville Restoration Society



A **winter birthday party** was held for community members on Jan. 21st. It was a great afternoon with a music kitchen party, good friends and yummy treats. Thanks so much to all who contributed and participated.

Wood Carving – On January 29th at 1:30, 12 people from the community gathered at the Harbourville Hall for the first carving class lead by Deb Greenwood. No fingers were lost! It was a great start, learning about equipment, types of wood and the importance of sharp utensils. Come join us if you want to investigate your creativity in the world of wood carving – Mondays at 1:30 p.m. at the Harbourville Hall. Got questions? Contact Brian Van Rooyen/Lois Hare - # 902-538-3082 or beeper48@live.ca



Donations – The Harbourville Restoration Society is able to prepare income tax receipts for donations. For example: you may wish to help out with costs for the production and distribution of the Newsletter. We are very grateful for the financial support we have received over the years.

High Tide Festival – Please set aside Aug 11th, 2018 for a great day of sun, fun, music and food. The rain date is Aug 12th 2018. We can always find a spot if you have an inclination to volunteer that day or before, as there are lots of things to do in preparation for this event. Please contact Brian Van Rooyen/Lois Hare - # 902-538-3082 or beeper48@live.ca

UPCOMING EVENTS – that you really do not want to miss. Please mark your calendars with the following dates. More info will be available in the next edition.

July 14 – Lobster Roll Sale – Harbourville Hall - HRS

August 11 - High Tide Festival – HRS

August 12 – Rain Date High Tide Festival – HRS

September 3 – Fishermen’s Breakfast -
Harbourville Hall - HRS

November 17 – Christmas Tea and Sale –

Harbourville Restoration Society Hall – 11 a.m. – 2

p.m. Contact - Brian Van Rooyen/Lois Hare - # 902-538-3082 or beeper48@live.ca

December 1 - Community Christmas Potluck – Harbourville Restoration Society Hall

Please contact a member of the Board if you have an interest in helping out at any of the events.



Annual General Meeting Harbourville Restoration Society – will be held on Sat., March 17th at 6:45 p.m. All are welcome to come for a short meeting to discuss what HRS has been doing and what plans for the future hold for Harbourville. At 8:00 p.m., following the AGM, the Annual Volunteer Bash will begin. Bring your dancing shoes and enjoy the GREAT music of Jon Hemingway. Good friends, great conversation and snacks, coffee and tea will be on the menu. So, please spread the word to anyone who has helped out with Coffee Klatch, High Tide Festival, Lobster Roll Sale and any other activities held at the Hall.



Coffee Klatch is still going strong and is held every Friday at 10:00 a.m. Volunteers sign up to help out with tea and coffee preparation and clean up. Bring along \$2 to help out with the cost of heat and maybe a snack to share. Visit with your neighbours and share some stories, conversation, books, patterns, advice, recipes and a few laughs. Please contact Brian Van Rooyen/Lois Hare - 902-538-3082 or beeper48@live.ca if you have any questions. Come on out and join in!

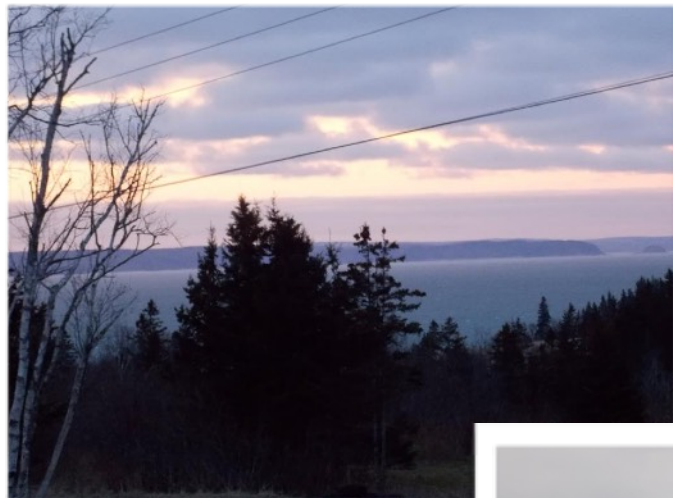


Photo Credit: Wendy Gallant

Snaps from Harbourville



Photo Credit: Beth Caldwell



Photo Credit: Beth Caldwell



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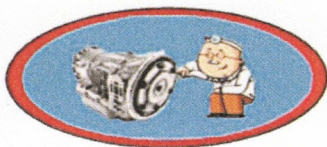
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NORTH MOUNTAIN NEWS

EVENTS PAGE

- February 10:** Pot Luck, 5:00 pm h'or d'oeuvres, 6:00 dinner. Morden Community Hall
- February 11:** Cereal Sunday Black Rock Baptist church, in support of the Food Bank. Contact Marie McCullen 902 538-1359
- February 17:** 12pm potluck lunch followed at 1pm with the Annual General Meeting, Black Rock Baptist church. Contact Marie McCullen 902-538-1359.
- February 17:** DANCE Black Rock Culture & Rec Hall, 4404 Black Rock Rd. 9pm -12am, Country Rock band Tony & Lenny Barkhouse. Contact Don Yorke 902 538-1259
- March 9:** Deadline for purchasing tickets for Burlington Community Club Spring Dinner. Margo Armstrong 902-538-9851
- March 10:** Theatre show, Black Rock Culture and Recreation Hall, tickets \$10.00 limited seating, doors open at 7pm, bar and canteen available. Contact Keith 902 844-0030
- March 17:** Movie night: "The Resurrection of Gavin Stone", Refreshments provided. 7:00 p.m. Burlington Baptist Church. Contact: Eleanor Benjamin 902-538-9769.
- March 17:** Pot Luck, St. Patrick's Day corned beef and cabbage. Morden Community Hall. 5:00 pm h'or d'oeuvres, 6:00 dinner
- March 17:** Annual General Meeting, 6:45 p.m., Harbourville Hall, Harbourville Restoration Society; Followed by Volunteer Party, 8:00 p.m., Entertainment by John Hemingway
- March 20:** Good Friday Service, 10 am Black Rock Baptist church. Contact Marie McCullen 902-538-1359.
- March 24:** Spring Dinner, Burlington Community Hall, 5:30 p.m., \$30/ticket, tickets must be purchased in advance by March 9, Margo Armstrong 902-538-9851
- April 1:** Easter Sunday Sunrise Service, Black Rock lighthouse, 07:45am followed by a potluck breakfast at the church. Contact Marie McCullen 902-538-1359
- April 1:** Easter Sunday Service and Baptism, 1243 Mill St, Waterville, 2pm. Contact Marie McCullen 902-538-1359.
- April 1:** Aylesford United Church annual Easter Sunday sunrise service at the French Cross, Morden, followed by a light breakfast at the Community Hall.
- April 8:** Communion Service as part of the regular service, Black Rock Baptist church, 09:30am. Contact Marie McCullen, 902-538-1359.
- April 21:** North Mountain United Tapestry – Turkey Dinner Fundraiser, at Harbourville Hall, 4 – 6 pm Free Will Donation
- May 12:** Black Rock Trails, Annual Plant Sale, 4404 Black Rock Road, Black Rock Culture and Recreation Hall, 8am-12pm. Contact Irmgard Lipp 902-538-8714.
- May 16:** Morden Community Association annual general meeting, 7:00pm at the Community Hall
- May 18:** Burlington Community Club Summer Student Job- Deadline for Applications. Drew Armstrong drew@fxt.ca
- May 3:** North Mountain Chorus's annual spring concert at the Berwick United Church. 7:00 p.m. Freewill donation at the door supporting local charities.
-

June 2: North Mountain Market – Fundraising BBQ 10 am, 1 pm, Music with Jordy Aucoin, Creative Workshop with Debbie Parrot “Say Goodbye to Winter” Age 5 & up \$2

June 9: Beach Clean Up, Harbourville Restoration Society – **Tentative**

June 9: Beach clean up, Morden 0900 am. Pails/bags provided followed by wiener roast at noon. Rain date June 16th.

June 9: North Mountain Market, Music TBA, Creative Workshop with Brenda Shepard “Coil Basket Weaving” Age 8 & up \$2

June 10: Rain Date - Beach Clean Up, Harbourville Restoration Society

June 16: North Mountain Market , Vintage Music with Mark Clarke, Children’s Games

June 17: North Mountain United Tapestry , 2nd Annual Opening Gala, 2-4 pm

June 21: Summer Solstice Celebration, Harbourville Restoration Society

June 23: North Mountain Market, Music with Ron Corkum

ON-GOING:

Canada Day Planning Committee Meetings 1st Monday of every month: April 2rd, May 7st, June 4th, 7 - 8:30 p.m., Burlington Hall, Brian Hirtle [902-538-7192](tel:902-538-7192)

Morden Breakfast: 0800-10:30 am. Morden Community Hall, Free will offering: April 28, May 26, June 30, July 28, Aug. 25, Sept. 29

Coffee break: Morden Community Hall, 10:00 am. Every second Tues., monthly: Feb 13, Mar. 13, April 10, May, 8, June 12

Quilters 4 Shore bi-monthly quilting group: 10:00-3:00, Morden Community Hall: Feb. 5, Feb 19, Mar. 5, 26, April 9, 23

Black Rock Breakfast: first Saturday each month Nov-Apr 8-10am, free will offering, Black Rock Culture and Recreation Hall, 4404 Black Rock Road, contact Don Yorke, 902-538-1259.

Black Rock Friday night JAMs: Black Rock Culture & Recreation Hall, 7-10pm, Free will offering, free coffee & potluck snacks, contact Don Yorke 902-538-1259

Black Rock Sunday morning Service at the church: 9:30am, all welcome to attend. Contact Pastor Marie McCullen, 902-538-1359.

Black Rock Sunday morning school: 9:30am, children 3 and up. Contact Pastor Marie McCullen 902-538-1359.

Black Rock Children’s choir practice: Tuesday 3:30pm at Cindy Crocker’s house, Black Rock Road.

Black Rock Adults choir practice: Tuesday 6:30 pm at Eileen Shepherd’s, West Black Rock Road.

Bible study: Tuesday 7pm at Eileen Shepherd’s on the West Black Rock Rd.

Communion services: usually the first Sunday of the month, Black Rock Baptist church, contact Pastor Marie McCullen, 902-538-1359.

Artisan Guild, Coffee Shop & Museum, NMU Tapestry in June: Saturday 9am – 5pm

North Mountain Market – Saturdays 9am – 1pm

Fibre Circle: NMU Tapestry, until it warms up again in members homes, Thursday 7pm

Suggestion: Pull out this page to keep on your fridge for quick reference!



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MORDEN COMMUNITY ASSOCIATION NEWSLETTER

It was the season to be jolly and our 2017 Christmas Party and Pot Luck was proof that, with attendance of over 70 people. The children's party began at 3:00 with games, crafts and a scavenger hunt organized by Janice Place, followed by the arrival of Santa Claus with his big bag of toys. Big thanks to Chris and Shannon Skaling for not only donating the turkey but stuffing it, cooking it and making the gravy. Thanks to every one else for bringing all the side dishes and desserts. The dinner was delicious and a big success! Thanks also to "Santa Claus, Mrs. Claus, the Elf" and everyone else who donated their time to make it so much fun.



We still have two more winter Pot Lucks and the dates are Feb. 10 and St. Patrick's Day, March 17, when we will be serving corned beef and cabbage. We will only need appetizers and desserts for this one.

The summer breakfasts will begin in April and the dates are the last Saturday of each month starting April 28, May 26, June 30, July 28, Aug. 25 and Sept.

29th. Our full hot breakfast includes our famous fish cakes, baked beans, pancakes, scrambled eggs, ham, sausage, toast, juice, coffee and tea. Free will offering, 8:00 am- 10:30 am.



The Shoreline Yard Sale date has not been determined yet, but keep in mind that there will be an extra breakfast in mid July. After all, you cannot shop on an empty stomach!



We have had excellent turnouts at our coffee breaks and they will continue every second Tuesday each month at the community hall. I think everyone looks forward to getting out during these cold, snowy days and having a hot cup of coffee or tea and the delicious “goodies” that go with it!

Our beach clean up is tentatively scheduled, weather permitting, for June 9th at 9:00. (rain date June 16th). We would appreciate anyone volunteering to come out, pails and bags will be provided. Lunch will be provided also so hopefully it will be a nice day so that we can roast hot dogs on the beach.



The Morden Community Association annual meeting is on Wed. May 16th at 7:00 pm. We look forward to your input, suggestions and new ideas for the smooth operation of this community. We have one vacant seat to fill on the board of directors, so if you are interested or know anyone else who is, let us know.

The Aylesford United Church will be holding their annual sunrise service at the French Cross on Easter Sunday, April 1st, followed by a light breakfast at the community hall.



The Quilters 4 Shore will continue to meet bi-monthly and would welcome any new members. Meet dates are Feb. 5, 19, March 5, 26, April 9 and 23. Join the Facebook group, Quilters 4 Shore, to access events, dates and times.

A big thank you to Carolyn Lonergan, who makes the festive art work at the entrance to the Children’s Play Park. Right now we have a snowman and snow flakes and keeping with the season, these will be replaced with an assortment of flowers in the spring.



Please check our website www.mordenns.ca to keep up to date with community events. Our email address is mordenca@gmail.com. For hall rentals contact Donna Sabean at 902-847-3776.

BLACK ROCK / CANADA CREEK NEWSLETTER

WINTER 2018 UPDATE



CANADA CREEK WHARF

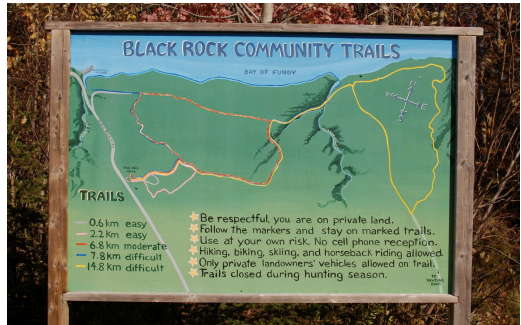
The Black Rock/ Canada Creek Community (BRCCC) formed in the late fall of 2016 as a community effort to unite in our presentation of the wonderful things offered here in Black Rock and Canada Creek. Our community has many volunteer groups that offer services and events year round. Not everyone are aware of

these events and services due to several reasons whether that be communication services such as mailbox location, internet service and simply just not hearing about events.

The re-opening of the Black Rock Cultural and Recreational Hall located at 4404 Black Rock Road in the late fall of 2016 has been a successful venture for the entire community . The Black Rock Culture and Recreational Hall (BRCRH), constructed in 1985 by many community volunteers, has been known through out for many gatherings, bingos, darts, dances, Jams and Black Rock Days. Currently the Jams are running Friday nights 7-10pm all are welcome. The first dance Jan 2018 at the hall was a great success with the band "Left of Center", more dances are in the plans. There was a second very successful Santa breakfast in Dec with a great turnout. The Black Rock Community Association (BRCA) who are the executive running the hall, are providing " Free Will" breakfast the first Saturday of the month Nov – Apr, 8-10 am. Follow our community on Facebook @ Black Rock/ Canada Creek Community.

Our community is rare in that we have two community halls that provide different services to the community and surrounding areas. The Black Rock Community Hall (Jolly Workers Hall) is county famous for its Saturday morning breakfasts, which run from May until Oct each year the first Saturday of each month, 8-10 am. They also provide other community assistance year round.

The Black Rock Trails Society is another community volunteer group that provide and maintain the 30 plus kms of trails located here in Black Rock. The trails are open year round and begin with a detailed map board located




behind the Black Rock Cultural and Recreational Hall (BRCRH) 4404 Black Rock road. Their next event is the well known Plant Sale this year it will be 12 May at the BRCRH 8am-12. Visit them on Facebook @ Black Rock Trails Society

The Black Rock Baptist church and its members are also another supportive community group that provides much needed service to members of our community. They community fund raise throughout the year with several events and their next one is the Cereal Sunday, 11 February , a collecting of cereals in support of the Berwick Food Bank.






Life is busy, community volunteers are doing their best in your communities and they are hard to come by so if you can not offer your time as a volunteer, please show your appreciation through supporting those community volunteers in their efforts to improve our communities.





















REAL ESTATE FOR SALE





We have decided this year to try an advertisement section for private real estate sales. This will only be one page (2-4 ads per edition) and will appear in the February, May and October editions. Here are the guidelines for advertising real estate in the North Mountain News (more details are available upon request from Sheila Munro):





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1. No pictures or photos, as these do not copy well. We print in black & white.
 2. All ads must be created in electronic format and sent to the editing team digitally, ready to print.
 3. Ads are accepted on a first submitted, first paid basis. Payment is due at time of submission.
 4. Size: \$30 for a quarter page (approx. 10 lines of print) or \$50 for a half page (approx. 20 lines of print). Fees are Payable to the Burlington Community Club & delivered to Sheila Munro.
 5. Include contact information as well as a web link for further information or to see pictures.
 6. Private sales only.





Home for Sale: 1274 Hwy. 360, N., on a 5 acre lot.





Well maintained 52 yr. old bungalow. Landscaped property has circular driveway and gardens. Shop with concrete floor **30x50'**, 12ft. ceiling, sliding doors.





Full walk in basement with 10 x 23' unfinished room.







Living space of 1,070 sq. ft., 2 bedrooms, 5 pc. bathroom, open concept living room / dining room, patio door leading to 10 x 12' sunroom. Large modern kitchen and laundry room.





Air conditioner. Home security.



Hardwood floors in living & dining room, bedroom; laminate in master bedroom. Electric baseboard heaters / wood furnace.



Price: \$ 189,900. Extra land and / or wood lot, can be purchased at time of sale, at an additional cost.



For more info: Murray & Linda Hird: 902-538-3376.

Email: prophecy04@hotmail.com.

To view: by appointment only.



Nova Scotia Heating Assistance Rebate 2017-2018

Application Form available on line

www.novascotia.ca/heatinghelp

or pick up a form at Leo Glavine's office

694 Main Street, Kingston, NS

Apply by March 31, 2018

Who is eligible?

Any person or household currently on
Income Assistance from the Department of Community Services:

- Single with an income of \$29,000 or less after tax - single means living alone with no children or other dependents.
- Single-parent household with an income of \$44,000 or less after tax - one adult only with one or more children living with you.
- Household of two or more adults who share expenses with a combined income of \$44,000 or less after tax - married, common law, or sharing a home with another adult, with or without children.
- Senior on Guaranteed Income Supplement (GIS) or on the Allowance.

For further information contact Leo Glavine
902-765-4083 or leoglavinemla@kingswest.ca

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MUMFORD CONNECT
WEB DESIGN

Morden, Nova Scotia

902.341.2026

info@mumfordconnect.com

www.mumfordconnect.com

BERWICK CHIROPRACTIC

health & wellness centre



Dr. Rebecca
Daniels



Dr. Andrew
McEwan

Berwick Chiropractic Health & Wellness Centre is an evidence-based, patient centered health care clinic serving the Town of Berwick and the greater Annapolis Valley. We treat joint, muscle, and nerve pain throughout the whole body - including:

- hip pain
- low back pain & sciatica,
- plantar fasciitis, tendonitis, bursitis
- neck pain & headaches
- mid-back & shoulder pain
- tennis elbow

We offer acupuncture, rehab, and treat motor vehicle accidents.

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143 Union Street
Berwick

902.538.5005



www.berwickchiropractic.ca
info@berwickchiropractic.ca